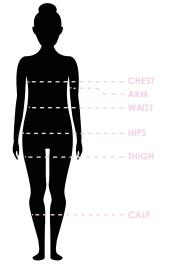
## BODY MEASUREMENT CHART



STARTING MEASUREMENTS							
Chest	Arm	Waist					
Hips	Thigh	Calf					
GOAL MEASUREMENTS							

Chest	_ Arm	Waist
Hips	_ Thigh	Calf

DATE	CHEST	ARM	WAIST	HIPS	THIGH	CALF