



























daily water tracker

Each colored drop = ____ oz.





















































































DATE	WATER CONSUMED	DATE	WATER CONSUMED
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	
_____		_____	

weekly water tracker

Each colored drop = ____ oz.

WEEK OF

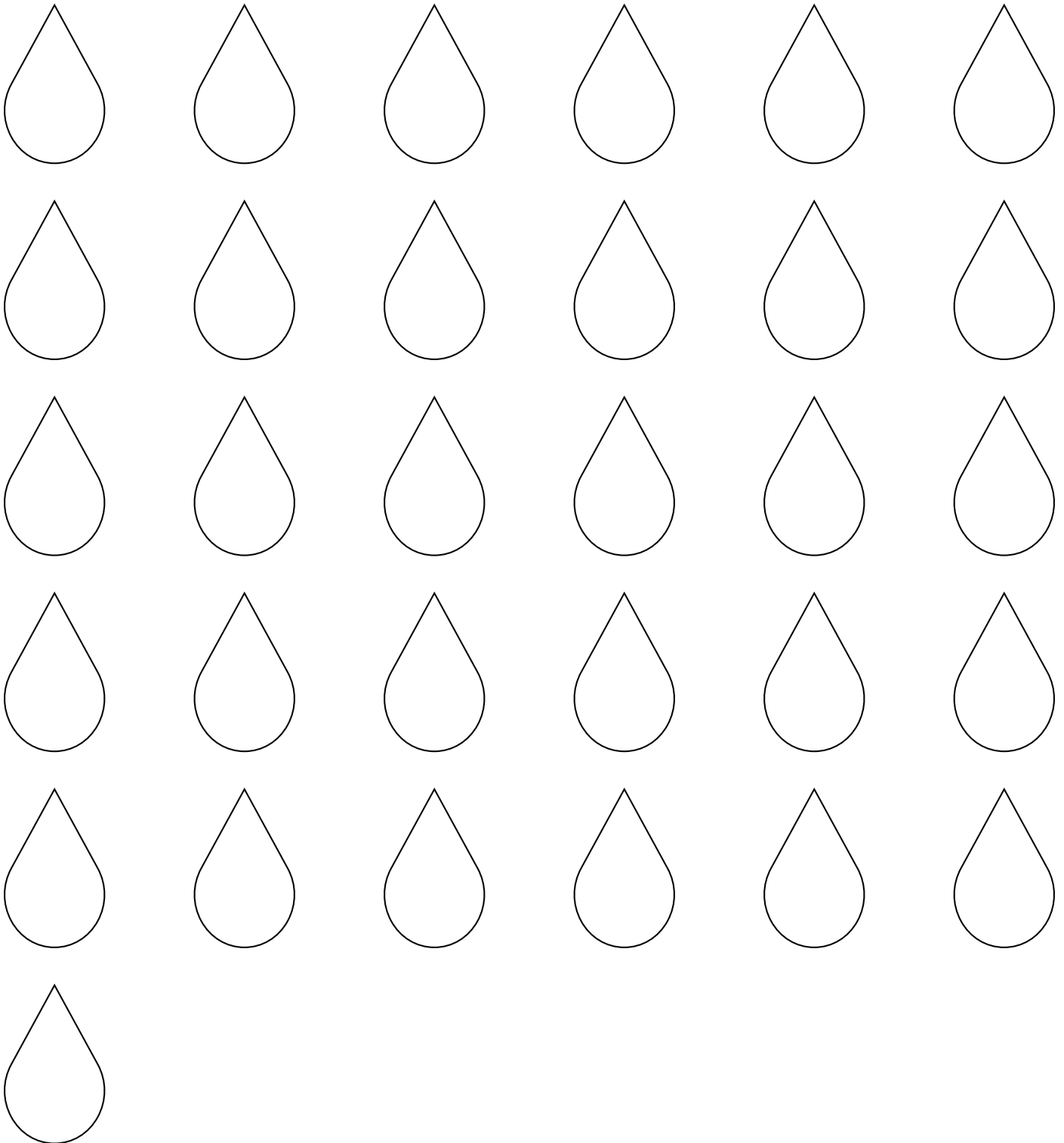
WATER CONSUMED

_____							
_____							
_____							
_____							
_____							
_____							
_____							
_____							
_____							
_____							
_____							
_____							

monthly water tracker

MONTH: _____

Each colored drop = _____ oz.

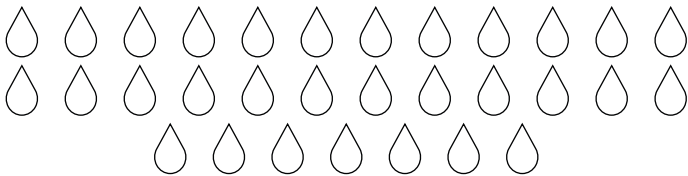


yearly water tracker

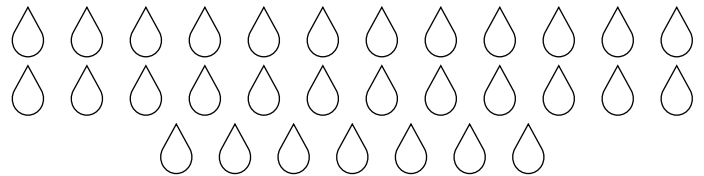
YEAR: _____

Each colored drop = _____ oz.

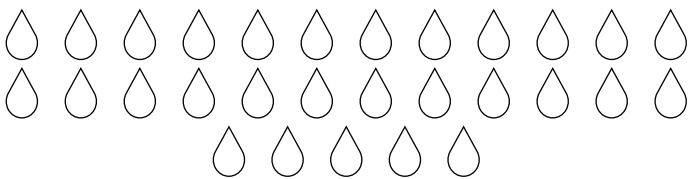
JANUARY



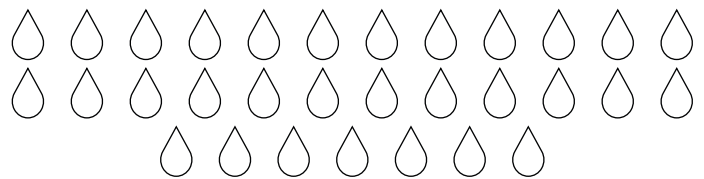
JULY



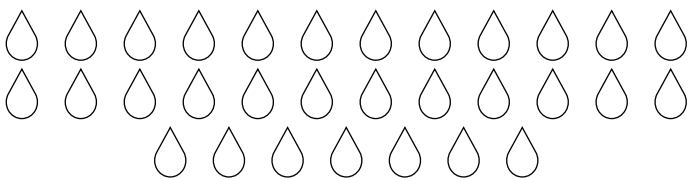
FEBRUARY



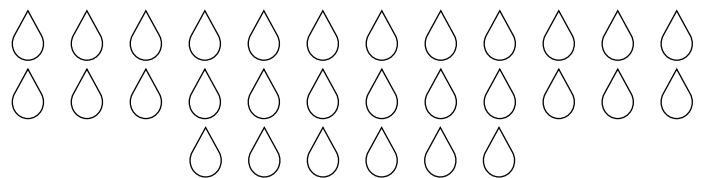
AUGUST



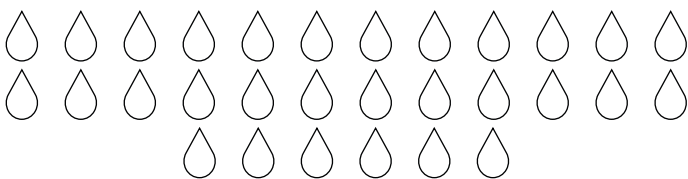
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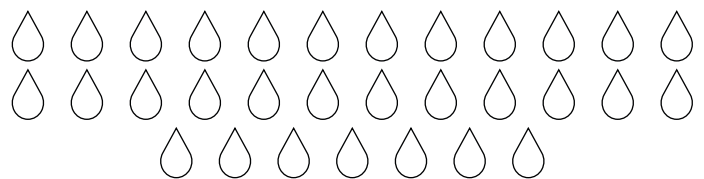
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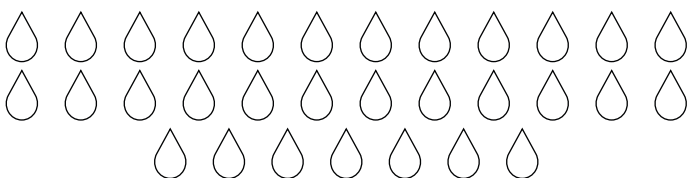
APRIL



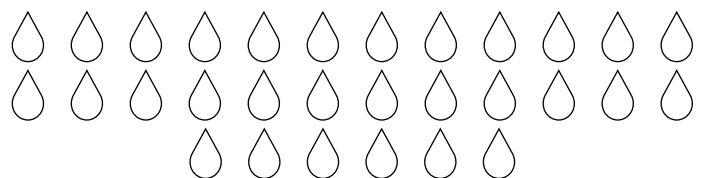
OCTOBER



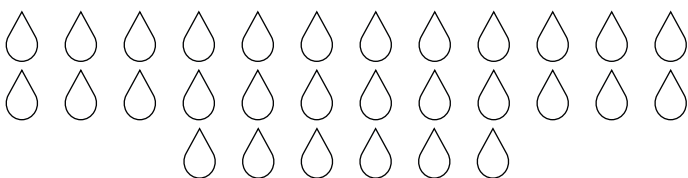
MAY



NOVEMBER



JUNE



DECEMBER

