## ⇒I REACHED MY GOAL WEIGHT! ♦

			/ -								- \				
			Starting Weight:												
			Each colored square =lb(s).										END€		
														100%	
	ALMOST DONE!														
								75%							
		•													
50%	0% HALFWAY THERE!														
	KEEP GOING!														
							25%								
		⇒START€													