

NO SPEND CHALLENGE

Month: _____

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
					31

No Buy List

_____	_____
_____	_____
_____	_____
_____	_____

Exceptions

_____	_____
_____	_____
_____	_____
_____	_____