

NO SPEND CHALLENGE

Month: _____

No Buy List

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Exceptions

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Notes

Zero Spend Tracker

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30 31