

No Spend Challenge

J F M A M J J A S O N D

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	
AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	
DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	
AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	
DAY 11	DAY 12	DAY 13	DAY 14	DAY 15	
AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	
DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	
AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	
DAY 21	DAY 22	DAY 23	DAY 24	DAY 25	
AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	
DAY 26	DAY 27	DAY 28	DAY 29	DAY 30	DAY 31
AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT:	AMOUNT SPENT: